

JION I.K.D.A. Dojo Values

- R**esponsibility - members are responsible for upholding our club's reputation.
At training you are responsible for your own and other's safety:
- personal hygiene is very important (clean body & Gi)
- self-control when sparring or performing techniques on partner's
You should also be responsible for and respect your own & other's property:
- bags, sparring gear, club equipment etc
- E**quality - JION is an international dojo and we welcome all new members regardless of:
- nationality, religion, gender, socio-economic background etc. etc.
Always show tolerance & respect towards newcomers, both inside & outside the dojo.
- S**portsmanship - whether representing our club in competition, at seminars or during regular training sessions - fair play & respect for referees, coaches, parents, sparring partners and opponents is expected at all times.
- P**oliteness - arrive on time, bow before entering or leaving the dojo and do not disrupt training.
Choose your words carefully, think before you speak and never disrespect anyone at training, at home, at school or elsewhere !
- E**nthusiasm - put 100% effort into training and respect everyone who tries their hardest !
Motivate others by showing enthusiasm and bringing positive energy into each training session.
- C**oncentration - is required at all levels. Focus on technique and attention to detail will lead to success.
Listen and learn - follow instructions from Sensei & his assistants and respect our dojo rules.
Accept help from "sempai" (higher grades) & offer support to "kohai" (lower grades.)
Chatting &/or arguing waste time and disturb others !
- T**eam - JION I.K.D.A. is above all a TEAM.
We support and respect each other in the dojo, at competitions and even outside the dojo.
At home, at school, in the street, wherever we are, we represent our dojo, our team !!

The image shows three large, bold Japanese characters written vertically in a traditional calligraphic style. From top to bottom, the characters are '空' (Kara), '手' (Te), and '道' (Do), which together mean 'Karate-do'. The characters are black on a white background.

“Without respect, there is no dojo..” Gichin Funakoshi