

Grading requirements

Grading will take place 1-2 per year. Younger members may have to wait longer between gradings.

Members can **only** grade, *if/when* the instructor believes they are “ready” to take the test. Application forms will be handed to those ready to grade.

The general requirements are :

regular training & attendance, adequate preparation & the ability to pass.

Application forms must be returned at least 2 weeks prior to the grading, together with full payment of the required fee. In the event of non-participation, NO refund will be made, unless a valid doctor’s note is provided.

Members from other karate styles, who have taken kyu examinations, will not be required to start again from 10kyu, **HOWEVER** before taking a Shotokan grading, they will need to reach the standard for their next kyu level according to our requirements and must be able to perform all elements of previous grades in our syllabus. This could take 1 year or more, depending on ability and grade. Candidates will be tested on ALL kata for their kyu level and previous levels. They will need to know the bunkai for all these kata. Kumite and Kihon must be of appropriate level (Shotokan) for the grading.

Participation in grading is NOT compulsory—but desirable !!



KKNZ Fitness Tests

Fitness Tests for 5-14yr olds

Karate Kids fitness tests will be held every 6 months. Fitness activity lists will be displayed several weeks prior to the tests and copies available for extra “home practice”.

Entry forms must be handed in at least 2 weeks prior to the tests.

As with gradings, participation in the KKNZ fitness tests is optional.

Membership fees and enrolment

After completing the introductory 2 sessions—free of charge—an enrolment form will be handed out, together with our Dojo Values/Rules. If our terms are agreeable, then membership will begin.

Subs are payable per term or monthly (extra cost applies) and there is a one-off enrolment fee, which covers the cost of your karate Gi, club badge & introduction folder, for kids. Members will also receive a club passport on completion of their first grading. The club passport is used as a record of all gradings, fitness tests & tournament results, as well as participation in seminars and special events. Cost of ‘subs’, grading & fitness test are available on request and will be supplied at your first training session.



JION International Karate Dojo Ashburton

TRADITIONAL SHOTOKAN KARATE



Members of KARATE NEW ZEALAND

Chief Instructor Thorsten Windhorst **4th Dan**

Instructor Jessica Windhorst **1st Dan**

Dojo Manager Jacqui Windhorst **1st Dan**

Training Time Group Place/Dojo

Monday	6.00 – 7.00	10 – 9 kyu	Intermediate School Hall
	7.00 – 8.00	8 – 6 kyu	
	8.00 – 9.00	5 kyu+ / Adult	
Wednesday	6.00 – 7.00	Kids 1	Tinwald Church Hall
	7.00 – 8.00	Competition concession	
	8.00 – 9.15	Adults	
Thursday	6.00-7.00	Kids 2	Tinwald Memorial Hall
	6.30 – 7.30	Kids 3 & 4	
	7.30 – 9.00	Youth 13+	

Kids, Youth & Adults train 2 times/week

Monday training is split into age/grade groups

Wednesday & Thursday training is in age groups.

Kids (5 – 12) are split into 3 groups (Kids 1,2,3)

Competition practice – x10 concession (extra)

Youth (13yrs+) & Adults train separately

First 2 training sessions FREE

WELCOME to JION International Karate Dojo Ashburton

JION International Karate Dojo was founded in Germany by Sensei Thorsten & Jacqui Windhorst, in 2000.

In association with the German Karate Federation, JION soon became an established, successful karate dojo, with a good reputation. Our club was involved in seminars & tournaments at local, regional, national & international level.

Long-standing links to clubs in Germany and U.K. (Leeds and London) have lead to JION becoming a truly international club, with good friends worldwide.

Since moving to New Zealand in 2007, we have re-located and re-opened JION, now known as JION I.K.D.A., here in Ashburton.

JION I.K.D.A. members are actively involved in competition and take part in regional, national & international tournaments, with success.

Both JION Chief Instructor, Thorsten Windhorst and Instructor Jessica Windhorst have represented NZ in international competition. Our junior assistants and some other members of our Dojo have either already competed for NZ, or are attending National Training Camps with a view to being selected onto the National NZ Karate Team.



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JION International Karate Dojo Ashburton

We will continue supporting our members at local, regional, national and hopefully also international level. Our club promotes and hosts various karate seminars, friendly inter-club training sessions & occasional fight nights.

Above all we provide our members with qualified Shotokan training to international standard.

Private junior sessions are sometimes available at weekends with our higher grade assistants

All JION I.K.D.A. members have the opportunity to train x2 per week in age/grade specific groups. On average 8 hours per month, throughout the year. Extra activities and holiday programmes are also offered to members in addition to these regular sessions.

Training during school holidays only takes place on Thursdays (90mins).



**We look forward to seeing you
soon at training ☺**

JION International Karate Dojo Ashburton

All members need to accept and uphold our Dojo Values regarding behaviour, both during and outside of training. These values, along with our rules on club loyalty, will be issued on enrolment.

Newsletters will be distributed to members at regular intervals.

All this and other information can be found on our website:

www.jion-karate.com

For all enquiries please contact:

Thorsten, Jacqui or Jessica:

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Chief Instructor
Sensei Thorsten



Club Manager
Jacqui Windhorst

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