

**FIGHT NIGHT
3**

Date: Saturday 26 May 2012

Time: 5.00—6.30pm

Venue: Tinwald Memorial Hall

Cost: \$1 per participant/spectator

Interclub sparring session for adults & kids. Participants must bring their own protective gear, which should be worn during all bouts. Participants take part at their own risk and are advised that JION I.K.D.A. cannot accept responsibility for any injury which may occur during sparring..

Protective gear required : Mouth guard / approved sparring gloves & shin-instep protectors (groin + chest protectors advisable)

JION International Karate Dojo Ashburton

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